



# The Centre Pass

The newsletter for netballers, supporters, members and parents associated with Plenty Valley Netball Association.

2006 Season 2 – Issue 2

Season is drawing to a finish and another year has quickly gone by! There are 3 home & away rounds left, and then 3 weeks of finals for the 15&U and 13&U competitions. The 11&Under have 6 weeks of fixtured games, no finals, therefore will play right up until 25th November. Finals fixture and times can be found elsewhere in this newsletter.

**Start of next season is 2007 Saturday 10th February.**

Registration forms for 2007 Summer Season have been circulated, please return by 4<sup>th</sup> of November. Be on the look out for new players, friends who are interested in playing and have them ring Sue (94640043). Also teams interested, ring Sue.

Remember the website will keep you up to date with all fixtures, scores, ladders and news.

[www.vicnet.net.au/~pvna](http://www.vicnet.net.au/~pvna)

username: **netball**

password: **fun2play**

We applied to Netball Victoria for a laptop and have been successful. This laptop will be used to help with our record keeping, documents, website creation, and financial recording. Well done to those who put through the application and followed it through!

**Change in fixture for 13&under teams for final round (15) which was swapped with Round 12 is:**

Time	Venue	Teams
09:00	Court 3	<a href="#">Xtreme</a> vs <a href="#">Angels</a>
09:50	Court 1	<a href="#">The Roxys</a> vs <a href="#">Pink Panthers</a>
	Court 2	<a href="#">Bluebirds</a> vs <a href="#">Orcas</a>
	Court 3	<a href="#">Devils</a> vs <a href="#">Pandas</a>
10:40	Court 1	<a href="#">Swifts</a> vs <a href="#">Angels2</a>
	Court 2	<a href="#">All Sorts</a> vs <a href="#">Charmed</a>

Thanks for the support of the fundraising.

## Wednesday Training

Wednesday night training sessions have been run over the last year with the Under 11's at 4.30pm-5.45pm and Under 13's 5.45pm-7.00pm. It has been great to see so many new faces at training this year. The skill level for both the 11's and 13's has improved over the year and it is great to see that a few of the 13's who regularly come to training, have also been invited to train with the Rep teams.

The training has focused on footwork, ball skills, defensive and attacking skills, movement in the goal circle and goal shooting, with match practice in the last 20mins of training. The last few sessions for the year will focus on strategies in the following areas: centre pass, throw ins, movement down court.

The last training session for the year will be on Wednesday 25th Oct. (the court will then be utilized for exams). A special thank you to Gavin, Mark and Vince who have assisted me during the year; the parents/grandparents of the 11's and 13's who have shown great enthusiasm in the development of their children's netball skills; Sue and the PVNA Committee for the continuing support of the training program.

PSSS - Play Strong, Safe & Smart  
Sarina

*If you have a team or player to be profiled for a future edition of the "Centre Pass" please fill in a profile form that can be picked up and left at the match day desk.*



## Netball Finals

Finals for 15&U and 13&U are approaching... the finals fixture... The 13&U section will be split into 2 Divisions. Top 4 will play off in the (a) division, and next 4 teams will play off in the (b) division.

### **11<sup>th</sup> November: Semi Final 15 & UNDER**

9.00 am 1 V 2 Court 2

9.00 am 3 V 4 Court 3

### **13 & UNDER. (a)**

9.00 am 1 V 2 Court 1

9.50 am 3 V 4 Court 3

### **13 & UNDER. (b)**

9.50 am 1 V 2 Court 2

9.50 am 3 V 4 Court 1

### **11 & UNDER: No Finals**

10.40am Crt 2 4 v 5

10.40am Crt 3 3 v 1 Bye 2

**NETTA:** 11.30am Court 3

### **18<sup>th</sup> Nov: Preliminary Final**

9.30 Crt 2 15 & Under:

9.30 Crt 3 13 & Under (a)

10.30 Crt 2 13 & Under (b)

### **11 & UNDER: No Finals**

10.30 Crt 3 5 v 2

11.30 Crt 2 1 v 4 Bye 3

**NETTA:** 11.30 Court 3

### **25<sup>th</sup> November: Grand Final**

9.30 Crt 2 15 & Under:

9.30 Crt 3 13 & Under (a)

10.30 Crt 2 13 & Under (b)

### **11 & UNDER: No Finals**

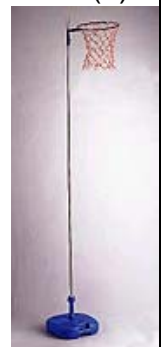
10.30 Crt 3 5v3

11.30 Crt 2 2v4v1

**NETTA:** 11.30

Court 3

Good luck to all teams in Finals.



# Representative Team Adventures

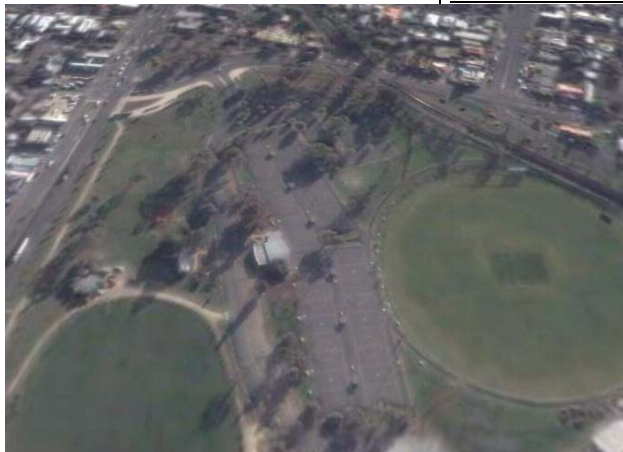
**B**luster high velocity winds and the sun shine during the Caulfield & District Netball Tournament (8<sup>th</sup> Oct) made scoring and passing difficult. Our players had to adjust their game play to take into account these outdoor conditions. The games were low scoring affairs. Lob passes were ineffective. The girls that participated had a lot of FUN and gained a lot of experience at this tournament.

Our teams did us (parents) and PVNA proud; they approached each game very positively and with enthusiasm. Especially, the team I (Vince) was coaching, 13&U B team, who never dropped their heads and ran out each game to the best of the abilities.... **WELL DONE GIRLS!**

The next tournament will be in Geelong on Sunday 12<sup>th</sup> November. A Bus will be hired to bring those that want, for \$5 each, down to Kardina Park, aerial photo below!

Training for this tournament has been set aside for on the 21<sup>st</sup> and 28<sup>th</sup> October and 11<sup>th</sup> of November. Check with your team coaches for individual age groups.

Have FUN  
Vince



Geelong Netball  
Tournament  
12<sup>th</sup> November

12 Courts

Kardina Park  
Netball Courts  
Entry off Kilgour  
Street, Geelong

# Umpires & Rules

**O**bstruction. The rule book states that a player may attempt to intercept or defend the ball as long as the distance on the ground is 0.9 metre plus from the player in possession of ball. This defending distance applies all over the court.



The distance is measured from the players first landed foot. That may not necessarily be the front foot, as the player with the ball may step forward.

If the player with the ball lands on both feet and either foot is lifted the other foot, which remains on the ground, is considered the landing foot.

Players are permitted to defend another player without the ball, as long as arms are by your side, not raised.

At the throw in the player on the court defending **MUST** be at least 0.9 m from the player with the ball throwing in.

Once a player lifts their arms from their side, in a defending action, within 0.9 of a metre, this is considered obstruction.

Some times the Umpire may call advantage and not blow the whistle, but once the whistle is blown the player who obstructed must stand out of play, beside the player, where the obstruction occurred, until the ball has left the throwers hand's.

Sue

# Ladders

**C**urrent round (round 12) results and ladders can be found on the website. Below are the current ladders as of the end of round 12.

## 11&Under

#	Team	P	W	L	D	Pts
1	<a href="#">Girl Power</a>	12	10	0	2	44
2	<a href="#">Junior Phoenix</a>	12	7	2	3	34
3	<a href="#">Roxy Chics</a>	12	7	4	1	30
4	<a href="#">Sublime</a>	12	5	7	0	20
5	<a href="#">Blue Diamonds</a>	9	1	8	0	4

## 13&Under

#	Team	P	W	L	D	Pts
1	<a href="#">The Roxys</a>	12	11	1	0	44
2	<a href="#">Xtreme</a>	12	11	1	0	44
3	<a href="#">Bluebirds</a>	12	10	2	0	40
4	<a href="#">Angels</a>	12	9	3	0	36
5	<a href="#">Orcas</a>	12	8	4	0	32
6	<a href="#">Pink Panthers</a>	12	6	6	0	24
7	<a href="#">Swifts</a>	12	5	7	0	20
8	<a href="#">Pandas</a>	12	4	8	0	16
9	<a href="#">Angels2</a>	11	3	7	1	14
10	<a href="#">Devils</a>	12	2	9	1	10
11	<a href="#">All Sorts</a>	12	2	10	0	8
12	<a href="#">Charmed</a>	12	1	11	0	4

## 15&Under

#	Team	P	W	L	D	Pts
1	<a href="#">No Xcuses</a>	12	12	0	0	48
2	<a href="#">Dolphins</a>	12	8	4	0	32
3	<a href="#">Hot Chicks</a>	12	4	8	0	16
4	<a href="#">Pink Ladies</a>	12	0	12	0	0

Weekly results can also be found in the Whittlesea Leader Newspaper in the sports section.

# Random Photo



Who are the people in this photo?