



The Centre Pass

The newsletter for netballers, supporters, members and parents associated with Plenty Valley Netball Association.

2007 Autumn – Issue 4

It has been an interesting start to the season, we have had some new teams start from our netta program which is always great to see. All the age-groups have a healthy number of teams competing.

Jika Netball Region Tryout

We have been notified of tryout dates (for State Titles which will be upon us in October):

24/6/07 @ Banyule Nets Stadium
–2 Somers Rd, Macleod
.Melways Ref:Map20, B8

01/7/07 @ RMIT Bundoora –
McKimmie's Rd
Bundoora, Melways
Ref:Map 10, A7

More details on this as it gets closer to tryout dates.

Annual General Meeting (AGM)

Will be held on the 28th April 2007 in the meeting room at the BNASC center. This will be held at 12.30pm Every team must have a representative at the meeting, otherwise ladder point will be forfeited. Also if you are passionate about your children's netball nominate for the Committee. All positions are declared vacant and nominations are open for positions of President, Vice President, Treasurer, Secretary, Assistant Secretary, Public Officer and two (2) committee personnel. Or if you would like to nominate one of the existing committee just have them sign the nomination form duly completed.

*** Nomination forms are available from the desk. ***

Have a good holiday break, see you all on 21st April for round 8.

PVNA Committee



Online Coaching Course Now Live!

The Australian Sports Commission is pleased to announce the launch of a new online course for coaches.

The **Beginning Coaching General Principles** online course has been developed to assist new coaches improve their basic coaching skills, in particular, those coaches working with children.

Coaches can complete the course in their own time, from the comfort of their own home. It is initially being made available free of charge to Australian coaches by the Australian Sports Commission.

About the course

The course contains five modules, covering a range of general coaching topics, including the role and responsibilities expected of a coach, planning, safety, working with parents, communication, group management and inclusive coaching practices when working with people with a disability or special population groups.

The course takes approximately 6 hours to complete with assessment included at the end of each module.

How to access the course

The *Beginning Coaching General Principles* course is available from the Australian Sports Commission's new online learning portal. Go to: <https://learning.ausport.gov.au> for more information on the course, and to enrol.

Umpires & Rules

Start of Play:

The umpire blows the whistle for the start of play, but a lot is dependant on the players and their actions.



The Centre must ensure that she is wholly within the circle - no part of her is touching the ground outside the centre circle.

That is either one foot or both feet are not touching any part of the court outside the circle. - If not free pass to other team.

The opposing Centre must be in the centre third - if not free pass to other team.

All other players must be in the Goal Third and are not permitted in the Centre Third until the whistle has been blown.

If a player enters the centre third before the whistle has blown, even if the player goes back behind the line, an infringement has occurred and a free pass is awarded to the opposing team.

Umpiring is fun, well I think so, and if any of the 15 and under players have an interest in umpiring I would be more than happy to help them along. Just come up and speak to me!

The Association can run an Introduction to Umpiring Course, open to all, coaches/players and parents so, if you are interested in this aspect of Netball, just speak to either myself or one of the committee persons. 15 persons is the minimum number of participants to enable a course to go ahead!

Sue

Rep Tryouts

Congratulations to the following netballers who successfully made the rep-team squads. Nine (9) players from each age group (except 13&Under which will have 2 teams) will be selected for each tournament by the coach to attend each tournament.

11 & Under

Players: Alyssa Pagono
Brooke Chadwick
Ebonie Bowen
Elise Davis
Emily Stewart
Emily Williams
Michael Davis
Molly Pollock
Nicki Hackney
Olivia Costa
Renee Pitruzello
Stephanie Anastasi
Tegan Boyd
Vanessa Lombardizzi

Coach: Tracey Davis

13 & Under – A & B

Players: Chantelle Varvitsiotis
Chloe Hill
Elly Castles
Emily Duggan
Emily Hayman
Holly Wilson
Jessica Jones
Jessica Williams
Jordyn Hackney
Julia Ferraro
Karlee DeBono
Kassandra Baldi
Kyra Saw
Lauren Grimes
Marni Chamber
Mikaela Nikoladis
Natalie Lombardizzi
Rebecca Shepherd
Roslyn Bruno
Tanaya Luscombe
Tessa Bruno

Coach: Sarina Ferraro

Coach: Bill Wilson

15 & Under

Players: Alysha Hopgood
Anagi Perera
Bridget Canals
Chloe Wilson
Hayley Birch
Lesley Nikoladis
Maddison Costa
Nellie Wilson
Olivia Salvitti

Coaches: Brent Pace &
Danielle Johnson

The rep teams are going to attend the following tournaments this year:

Waverly District	6 th May
Banyule	17 th June
Diamond Creek	5 th Aug
Doncaster & District	9 th Sept
Caulfield & District	7 th Oct
Geelong	11 th Nov

Rep-teams will be training on Saturdays between 11:30-12:30. 11&U and 15&U every second week, and the 2 13&U teams every other week. See rep-team handout.

Also Plenty Valley extends a sincere thank you to Jacinta Tonkin and Bruce Johnson for attending as selectors at our try outs.

Thanks guys your efforts were greatly appreciated.

Good luck to all our teams.

Have FUN

Vince

Training

Lauren Taglieri is Plenty Valley Newly appointed Junior Trainer. Lauren has many years experience in all aspects of netball, and brings this enthusiasm to our players. Lauren is very approachable and if you have any queries in relation to skills do not hesitate to ask her.

The Association feels it is important that every player is given the opportunity to improve their skills. So if all the 11and under players are able to attend Wednesday evenings between 4.30pm and 5.45pm and the 13 and under and 15 and under between 5.45 and 7.00pm on court (4).

Training is on most Wednesdays rule of thumb if there is a game on Saturday there is training on Wednesday. (Refer Fixture if unsure).

We all wish Lauren well in her new role.

If you have a team or player to be profiled for a future edition of the "Centre Pass" please fill in a profile form that can be picked up and left at the match day desk.

Ladders

Current ladders as at the end of Round 6 of 2007 Autumn fixture.

11&Under

#	Team	P	W	L	D	Pts
1	Roxy Chics	6	6	0	0	24
2	Sunshine_s	6	4	2	0	16
3	Sublime	5	3	2	0	12
4	St Catherine_s	5	1	4	0	4
5	Total Girls	5	1	4	0	4
6	Penguins	5	1	4	0	4

13&Under

#	Team	P	W	L	D	Pts
1	Pink Panthers	6	6	0	0	24
2	Swifts	6	6	0	0	24
3	Bluebirds	6	5	1	0	20
4	Angels2	6	3	3	0	12
5	Pandas	6	3	3	0	12
6	All Sorts	6	2	3	1	10
7	Intense	6	2	4	0	8
8	Charmed	6	2	4	0	8
9	Phoenix Junior	6	0	5	1	2

15&Under

#	Team	P	W	L	D	Pts
1	The Roxys	6	6	0	0	24
2	Xtreme	6	5	1	0	20
3	Hot Chicks	6	4	2	0	16
4	Pink Ladies	6	3	3	0	12
5	Dolphins	6	3	3	0	12
6	Angels	6	2	4	0	8
7	Orcas	6	1	5	0	4

Weekly results can also be found in the Whittlesea Leader Newspaper in the sports section.

Random Photo

*Where has this picture been taken?
Who are the people in this photo?*

