

# THE CENTRE PASS

The newsletter for netballers, supporters, members and parents associated with Plenty Valley Netball Association.



2009 Autumn – Issue 20

Please read newsletter; there are some important and interesting bits of information.

All teams please note ¼ and ¾ time are a straight swap so the timer will ring the bell and recommence the clock straight away. Please observe.

[www.vicnet.net.au/~pvna](http://www.vicnet.net.au/~pvna)

username: **netball**

password: **fun2play**

If you have anything to contribute to the newsletter please contact someone on the committee.

## Annual General Meeting (AGM)

We require one representative from every team to attend the AGM; any other members of Plenty Valley are welcome.

Meeting Date: **2<sup>nd</sup> May**

Meeting Time: **1pm-2pm**

**Teams not represented at the AGM will lose 4 ladder points.**

Nominations are being accepted for all positions on the committee. I.e. President, Vice President, Secretary, Assistant Secretary, Treasurer, Representative Team Manager, Representative Team Treasurer and General Committee positions. Nomination forms can be obtained and lodged at the match day desk.

PVNA Committee

## Netball Joke



Why is netball predominantly played by girls?

Because you need to be able to think.....

PVNA is aligned and supports the new VNL (Vic Netball League) team, BLAZE. This competition starts this weekend!



[www.northeastblazenetball.com.au](http://www.northeastblazenetball.com.au)

## Netball Training

Just a reminder:

Wednesday Plenty Valley Netball conducts the Training Sessions from 4.30 - 5.45 for players up to 12 years of age and 14-16 teams training after that time till 7.00pm on Court 4. Cost \$3.00 per player.



As this is training no entry fee (into BNASC Stadium) is charged. This is an activity the Association finances for your benefit.

## PVNA Bushfire Donation

As an Association we effectively donated \$2,000 to the Australian Red Cross Bushfire Appeal. We hope our donation contributes to the support being provided for families affected by the Black Saturday bushfires.

## Coaching course

Are you interested in doing a Netball Victoria "Foundation" coaching course. PVNA is interested in hosting a course if we have enough people interested. Please register your interest at the Game Day desk.

## The Athlete's Foot Sponsorship

You all should have got a \$20 dollar off voucher for the Athlete's foot. This is one of the aspects of our new sponsorship.

There will be a raffle for some sports bags and gear donated by "The Athlete's Foot" and we are looking to have a special night with netball ambassadors (from the Vixens), footwear information evening and closed-door sales night.



**GREENSBOROUGH PLAZA PH: 9432 9955**

**IVANHOE PH: 9497 4371**

**PLENTY VALLEY PH: 9407 1441**

The staff from The Athlete's Foot, suggests players look for three primary features when gearing up for the upcoming Netball season:

1. Cushioning
2. Stability
3. Traction

Ask your The Athlete's Foot Fit Technician for advice.

## Representative Team News

Start of a new season! Three of our teams competed in the first tournament for the year at Banyule on 22 February. Both of the 15&U teams and our 13&U(2) team competed strongly and did very well in their first tournament.

This year our Rep Teams will attend the following tournaments:

- Diamond Creek Force Netball Association (29 March)
- Altona Netball Association (26 April)
- Waverley City Netball Association (17 May)
- Banyule & Districts Netball Association Inc (14 June & 23 August)
- Doncaster & Districts Netball Association Inc (13 September)
- Caulfield & Districts Netball Association Inc (11 October)
- Geelong Netball Association Inc (8 November)

We welcome anyone from the Association to come along and support our teams. Details for each tournament will be placed in the newsletter.



### Rep - Training Times

Please note training times as some sessions for some age groups have changed:

13&U teams – 4.30pm – 6pm  
 15&U teams – 5.30pm – 7pm  
 11&U team – 6pm – 7pm

## Promoting Netball

Promotion of netball and our netball association needs to improve. We need to give other young girls and boys the opportunity to play netball. If you have contact within a school and can place an item in the school newsletter please contact the committee for sample text. Any other ideas let us know!

## Team: BlackIce awards

Congratulations to all that played with Black Ice in 2008 and the awards they received. All votes taken from the umpires meant this season went down to the wire.

Best and Fairest:- Natalie Ogenesis. Well done Natalie, having been picked up 5 weeks into the Spring Season, she also received the Coaches award.

Best and Fairest Runners-up went to: Chloe Hill and Ashleigh Gutterson. Great effort from both girls! Best on court in a final went to Chantelle Eccles: - Chantelle was also picked up very early into the Spring Season.

Milestones: Congratulations to the following players: Ashleigh Gutterson for playing 50 games and Chloe Hill for playing 100 games.

Thank you to the girls for all their hard work and dedication they have shown to the team.

Carol

## For Sale: Skorts

Selling 2 black skorts, both brand new, size is small, \$40 each. If interested please call Carol on 0413 088 132.

## Ladders

Ladders as at the end of Round 4, 2009 Autumn season.

12&U Res	P	W	L	D	Pts
<a href="#">Thunderbolts</a>	4	3	1	0	12
<a href="#">Dynamite</a>	4	1	3	0	4
<a href="#">St.Kat Kittens</a>	4	0	4	0	0

12&Under	P	W	L	D	Pts
<a href="#">Sunshine</a>	4	3	0	1	14
<a href="#">Red Berries</a>	4	3	1	0	12
<a href="#">Hot Shots</a>	4	3	1	0	12
<a href="#">Sublime</a>	4	2	2	0	8
<a href="#">Trouble</a>	4	2	2	0	8
<a href="#">Superstars</a>	4	1	2	1	6
<a href="#">Pink Diamonds</a>	4	1	3	0	4

14&U Res	P	W	L	D	Pts
<a href="#">Penguins</a>	4	4	0	0	16
<a href="#">Swift Jnr</a>	4	2	2	0	8
<a href="#">Smurfs</a>	4	1	3	0	4
<a href="#">WyldKatz</a>	4	1	3	0	4
<a href="#">Scorpions</a>	4	0	4	0	0

14&Under	P	W	L	D	Pts
<a href="#">Roxy</a>	4	4	0	0	16
<a href="#">Vixens</a>	4	2	1	1	10
<a href="#">Orcas Jnr</a>	4	2	1	1	10
<a href="#">All Sorts</a>	4	1	2	1	6
<a href="#">Fantas</a>	4	1	2	1	6

16&Under	P	W	L	D	Pts
<a href="#">Angels</a>	4	4	0	0	16
<a href="#">Swifts</a>	4	3	1	0	12
<a href="#">Black Ice</a>	4	2	1	1	10
<a href="#">Orcas Snr</a>	4	2	2	0	8
<a href="#">Storm</a>	4	1	2	1	6
<a href="#">Angels2</a>	4	1	3	0	4
<a href="#">Ignite</a>	4	1	3	0	4
<a href="#">Eclipse</a>	4	1	3	0	4
<a href="#">Nomads</a>	4	1	3	0	4

17&Under	P	W	L	D	Pts
<a href="#">Xtreme</a>	4	4	0	0	16
<a href="#">Karma</a>	4	3	1	0	12
<a href="#">The Roxys</a>	4	2	2	0	8
<a href="#">Ultra Violets</a>	4	1	3	0	4
<a href="#">Bluebirds</a>	4	1	3	0	4

HAPPY NETBALLING!!!