

# THE CENTRE PASS

The newsletter for netballers, supporters, members and parents associated with Plenty Valley Netball Association.



2009 Autumn – Issue 21

Please read newsletter, there are some important and interesting bits of information.

[www.vicnet.net.au/~pvna](http://www.vicnet.net.au/~pvna)

username: **netball**

password: **fun2play**

If you have anything to contribute to the newsletter please contact someone on the committee.

## Annual General Meeting

We require one representative from every team to attend the annual meeting; any other members of Plenty Valley are also welcome.

Meeting Date: **2<sup>nd</sup> May**

Meeting Time: **1pm-2pm**

Teams not represented at the AGM will lose 4 ladder points.

Nominations are being accepted for all positions on the committee. I.e. President, Vice President, Secretary, Assistant Secretary, Treasurer, Representative Team Manager, Representative Team Treasurer and General Committee positions. Nomination forms can be obtained and lodged at the match day desk.

Most Committee discussions occur over email.

PVNA Committee

## For Sale

We have quite a few gold pleated skirts for sale. Looking to sell them at \$20 for 7, or \$5 each. Ask at the Desk for Anna.



## Senior Teams

We currently have our senior teams (Plenty Valley Comets) participating in the State Netball Hockey Centre netball competition.

They currently field 4 senior teams in the following sections:

- Premier Open Division 1 – 8<sup>th</sup> with 3wins, 6losses & a draw
- Premier Open Division 4 – 7<sup>th</sup> with 5wins, 3losses & 2draws – features recently from PVNA: Kendall
- Premier 17 & Under Division 4 – 1<sup>st</sup> with 7 wins 2 losses & a draw – features recently from PVNA: Emily, Roslyn & Tessa
- Premier Open Division 6 – 10<sup>th</sup> with no wins and a draw



## Anzac Day

As we are playing our competition games on ANZAC day, as a sign of respect, we will be observing a MINUTES SILENCE before each game. Each team will line up on the court with their coach as a sign of respect for those who gave up their lives in defending our country.

The stadium will NOT be charging an entry FEE today, in recognition and respect of ANZAC day.



**“Lest we forget”**

## Coaching course

Are you interested in doing a Netball Victoria “Foundation” coaching course.

When: **31<sup>st</sup> May 2009 – 9:30am till 5:30pm**

Where: **RMIT BNASC Stadium**



The Association is keen to add to our coaching numbers and to assist current coaches the committee has unanimously decided to subsidise this netball Victoria accredited course that is recognised by the Australian Sports Commission. Cost for the whole day from 9.30am to 5.30 pm is \$72 however, with PVNA subsidy this is reduced to \$36. Each person attending the course is also required to be a member of Netball Victoria (Senior Membership costs \$53).

Please look seriously at this coaching course, is the Association is looking to help as many as possible with their skills in this area and this course will be a huge benefit.

Please approach the desk this week as time is running out and places are limited. Fill in form at the Game Day desk or get form from PVNA or Netball Victoria websites.

## Representative Team News

**D**iamond Creek Tournament, on the 29<sup>th</sup> March was attended by our 11&U, 13&U 1&2, 15&U 1&2 teams. Congratulations to Bill's 13&U(1) team for making the finals, and finishing in 3<sup>rd</sup> position for that section. Also, a very special mention to Julie's 11&Us, who finished second in their round robin competition.

## Next Tournament

**Altona Netball Association**

**Date:** Sunday 26 April

**Time:** 8.30am – Registration  
9.00am – First Game

**Venue:** Altona Sports Centre  
Queen Street,  
Altona Meadows  
Melway Ref – 71 J6

Canteen facilities available  
6 Indoor Courts



## 17&Under Rep-Team

**I**s currently playing on a Tuesday night at the SHNC in the 17&U Premier competition in Division 4. They are currently 6<sup>th</sup> with 4 wins, 6 losses and 1 draw. They have had a good run with their 4 wins coming in the last 5 games. Details about the ladder and fixture for this 17s can be found on the "repsides" link on the PVNA website.

## Netball Rules



**S**ome general rules to be reminded of:

(1) After a goal has been scored the Centre Player who is responsible for the next centre pass is required to move quickly into the centre circle. Remember both feet must be wholly within the centre circle prior to the umpire's whistle to restart the game.

(2) Player taking the throw -in is required to place one or both feet immediately behind the point where the ball crossed the line and throw within three seconds - not enter the court which includes lines bounding the court (that means do not put feet on the line).

It is no longer required to toe the line, but be aware of positioning of where the ball crossed the line and take the throw in from that point.

## Skills

## Training for ALL!



**J**ust a reminder:

Wednesday Plenty Valley Netball conducts the Training Sessions from 4.30 - 5.45 for players up to 12 years of age and 14-16 teams training after that time till 7.00pm on Court 4. Cost \$3.00 per player.

As this is training no entry fee (into BNASC Stadium) is charged. This is an activity the Association finances for your benefit.

WELCOME OUR NEW  
TRAINER Ebony Knight!!!

## Netball Joke



How many goals does a netballer set for themselves in life?

As many as it takes to WIN!!!!!!

## Ladders

**L**adders as at the end of Round 8, 2009 Autumn season.

12&U Res	G	W	L	D	Pts
<a href="#">Thunderbolts</a>	8	5	3	0	20
<a href="#">Dynamite</a>	8	3	5	0	12
<a href="#">St.Kat Kittens</a>	8	0	8	0	0

12&Under	G	W	L	D	Pts
<a href="#">Sunshine</a>	8	5	1	2	24
<a href="#">Sublime</a>	8	5	2	1	22
<a href="#">Red Berries</a>	8	5	2	1	22
<a href="#">Hot Shots</a>	8	4	2	2	20
<a href="#">Trouble</a>	8	3	4	1	14
<a href="#">Superstars</a>	8	2	4	2	12
<a href="#">Pink Diamonds</a>	8	2	5	1	10
<a href="#">Scorpions</a>	2	0	1	1	2

14&U Res	G	W	L	D	Pts
<a href="#">Penguins</a>	8	7	0	1	30
<a href="#">Smurfs</a>	8	2	5	1	10
<a href="#">Swift Jnr</a>	8	2	5	1	10
<a href="#">WyldKatz</a>	8	2	5	1	10
<a href="#">Scorpions</a>	6	1	4	1	6

14&Under	G	W	L	D	Pts
<a href="#">Roxy</a>	8	7	0	1	30
<a href="#">Vixens</a>	8	4	2	2	20
<a href="#">Orcas Jnr</a>	8	4	2	2	20
<a href="#">All Sorts</a>	8	2	4	2	12
<a href="#">Fantas</a>	8	2	4	2	12

16&Under	G	W	L	D	Pts
<a href="#">Angels</a>	8	7	0	1	30
<a href="#">Orcas Snr</a>	8	5	2	1	22
<a href="#">Swifts</a>	8	5	2	1	22
<a href="#">Angels2</a>	8	4	3	1	18
<a href="#">Black Ice</a>	8	3	3	2	16
<a href="#">Storm</a>	8	2	4	2	12
<a href="#">Ignite</a>	8	1	6	1	6
<a href="#">Eclipse</a>	8	1	6	1	6
<a href="#">Nomads</a>	8	1	6	1	6

17&Under	G	W	L	D	Pts
<a href="#">Xtreme</a>	8	7	0	1	30
<a href="#">Karma</a>	8	6	2	0	24
<a href="#">The Roxys</a>	8	4	4	0	16
<a href="#">Bluebirds</a>	8	3	4	1	14
<a href="#">Ultra Violets</a>	8	1	7	0	4

Note: All ladders exclude finals games.