

# THE CENTRE PASS

The newsletter for netballers, supporters, members and parents associated with Plenty Valley Netball Association.

2010 Spring – Issue 32



Check website for association news, fixtures, results and ladders.

[www.vicnet.net.au/~pvna](http://www.vicnet.net.au/~pvna)

username: **netball**

password: **fun2play**

If you have anything to contribute to the newsletter please contact someone on the committee.

## 2010 PVNA Calendars

Want to be able to quickly and easily insert those netball games into your calendar program and then synchronise it with your mobile device? The PVNA website now has the 2010 calendar files for all fixtured games, for specific team's fixtured games and for PVComet fixtured games. They can be downloaded from here:

<http://home.vicnet.net.au/~pvna/calendar/>

How do you use them? Depending on your calendar program your should be able to IMPORT or SUBSCRIBE to iCalendar files. For example, if you have Outlook you can do the following:

1. **download** the calendar of your choice from the PVNA website,
2. **load** microsoft outlook program
3. **click** File → Import
4. **select** "iCalendar" import file
5. **find and select** the downloaded calendar file and click ok
6. done!

If your calendar program has a subscribe option or refresh option you can get your calendar program to automatically refresh the calendar weekly. This will enable score updates to be placed into the old calendar events.

Vince

## Training

Great to SEE so MANY teams doing training at various times of the week. We have teams training on Wednesdays, Thursday and Fridays. We have a number of girls turning up to WEDNESDAY training, with our trainer, at 4:30-5:45 (at a cost of \$3). Anyone 13 and Under is welcome to come to this training session.

Attending training is the BEST way to improve netball skills, improve fitness and develop team strategies. Please support your coaches in their endeavor to train teams.

If teams or coaches need support in their training endeavors, please let someone on the committee know how we can help. We are looking to run another coaching course later this season, more on this later, coaches keep an eye on your emails.

Happy Training  
PVNA Committee

## BNASC Sponsorship

Thank you to Management at BNASC for sponsorship of our 17&Under Comets players; assisting with their fitness regime in the gym.

## Netball Joke



**Why is it hard to marry a netballer?**  
Because of the amount of court(ing) time required.



## RMIT BNASC

Offers a Gym membership, Holiday Program and Birthday Parties!

The next holiday program is running from Monday 20th September 2010 until Friday 1st October 2010.

RMIT Bundoora Netball and Sports Centre offers School Holiday Programs throughout term breaks and over the Christmas Holidays. Staff are specifically chosen to work in the School Holiday Program so that we can assure you that your children are in great hands. The School Holiday program consists of variety of different activities such as mega sports days, arts and craft activities and excursions such as Swimming and Dizzy Castle Play Centre. These activities are enjoyed by all children in a fun and safe environment.

Checkout the BNASC website for other activities:

<http://www.bundooransc.com.au/>

James

## Stress Relief

Need to relax, calm the mind and have some FUN.... Colour in the netball picture on the last page of this newsletter!!!

Have FUN

# Umpires

From the Umpiring Corner.

## Umpire Development

PVNA is active in promoting our young netballers with all aspects of their chosen sport NETBALL (don't you love it).



Mid 2009 4 young ladies from PVNA achieved their "C" Badge, in case you missed the picture in the Leader. Congratulations to Roslyn and Tessa Bruno, Emily Hayman and Hollie Wilson. Well deserved girls it has been hard work.

There are still some familiar faces in white out there moving towards accreditation as an umpire, Melissa, Maddison and Cassie. Keep up the good work.

We have a new batch of recruits who have just come on board, Anthea, Kathryn, Emma and Ebonie. Please be considerate of these young girls, they are learning and they like the young players deserve encouragement. It is not easy blowing that whistle.

At present there is a waiting list of young hopefuls (4) out there, looking for a chance to take up the whistle. Be patient girls your turn will come.

Thanks to the players and coaches for giving the girls the opportunity to further this aspect of Netball.

**Sue Drummond**  
Umpire Supervisor



PV Comets 13&U Grand Final winners: Whitehorse Tournament



PV Comets 17&U Team 2 Grand Final winners – Division 5

# PVNA Ladders

11&Under	P	W	L	D
<a href="#">Black Sapphires</a>	8	6	1	1
<a href="#">Black Stars</a>	8	3	3	2
<a href="#">Girl Majik</a>	8	3	3	2
<a href="#">Phoenix</a>	8	1	6	1
<a href="#">Pink Panthers</a>	8	0	8	0
<a href="#">Purple Diamonds</a>	8	3	2	3
<a href="#">The Jets</a>	8	3	3	2
<a href="#">Thunderbolts</a>	8	7	0	1

13&Under	P	W	L	D	Pts
<a href="#">Red Berries</a>	8	8	0	0	32
<a href="#">Blue Viper</a>	8	7	1	0	28
<a href="#">Hot Shots</a>	8	5	2	1	22
<a href="#">Trouble</a>	8	5	3	0	20
<a href="#">Black Birds</a>	8	3	4	1	14
<a href="#">Bullets</a>	8	3	4	1	14
<a href="#">Dynamite</a>	8	3	4	1	14
<a href="#">All Starz</a>	8	2	5	1	10
<a href="#">Superstars</a>	8	1	6	1	6

15&Under	P	W	L	D	Pts
<a href="#">Power Of One</a>	8	8	0	0	32
<a href="#">Vixens</a>	8	7	1	0	28
<a href="#">Sublime</a>	8	7	1	0	28
<a href="#">Mixtures</a>	8	6	2	0	24
<a href="#">Firebirds</a>	8	4	4	0	16
<a href="#">Sunshine</a>	8	4	4	0	16
<a href="#">Smurfs</a>	8	3	4	1	14
<a href="#">Orcas</a>	8	3	5	0	12
<a href="#">Blaze</a>	8	2	5	1	10
<a href="#">All Sorts</a>	8	2	6	0	8
<a href="#">Swift Jnr</a>	8	1	7	0	4
<a href="#">Spirytz</a>	8	0	8	0	0

17&Under	P	W	L	D	Pts
<a href="#">Bluebirds</a>	8	8	0	0	32
<a href="#">Karma</a>	8	7	1	0	28
<a href="#">Xtreme</a>	8	6	2	0	24
<a href="#">Falcons</a>	8	4	3	1	18
<a href="#">Roxy</a>	8	4	3	1	18
<a href="#">Swifts</a>	8	4	4	0	16
<a href="#">Angels2</a>	8	3	5	0	12
<a href="#">Angels</a>	8	2	6	0	8
<a href="#">Black Ice</a>	8	1	7	0	4
<a href="#">Storm</a>	8	0	8	0	0

Note: All ladders exclude finals games.

# PV Comets

Our 2010 Autumn season has completed. The results of this season follow. The next season has already started on 24<sup>th</sup> and 26<sup>th</sup> of August... good luck to all our teams!



## Finals Wrap Up

**PVComets1 - Open Division 1** team lost their semi final against Deekin-Mena1.

**PVComets4 - 17s Division 2** team lost their semi-final in extra time after a thrilling DRAW at full time against Macedon Ranges Furies3.

**PVComets5 – 17s Division 5** team won their semi-final against Airport Saints and then met them again in the Grand Final. After a come from behind draw by our girls, they WON in extra time by 1 goal.

**PVComets6 – 15s B Grade** team WON their Grand Final by 10 goals, after a loss in the Semi-Final, but came back strong to win the Preliminary-Final.

**PVComets7 – 15s C Grade** team lost their Semi-Final, but came back for a thrilling one goal when in the Preliminary-Final to get into the Grand Final. They played hard and did us proud with the endeavor on the court, but with two injured and one sick, did not have the fresh legs to run-out the game.

## Crownlow – 21<sup>st</sup> August

The Crownlow Night is our Senior Teams Awards Night that is based on votes given during the 2010 Autumn season in the Parkville premier competition at the SNHC. Congratulations to the winners of the various awards.

**Crownlow winner:** Sarah Davies and Britt Harrison  
**Captains Choice:** Shannon McAlister and Kate Butler  
**Reserves MVP:** Sarah Collins and Jacinta Tonkin  
**Reserves 2 most improved:** Danni-Elle Eloff  
**Club player of the Reserves:** Sarah Collins

## Division 1 Premier league MVP Runner up

A big congratulation to Britt Harrison on winning the MVP runner up Best and Fairest award for Division 1 at the Parkville competition.

## Tournament: LOUD

As a result of these tournaments we have had two girls been asked to attend the state squad training, congratulations to:

- Elise Davis
- Kathryn Slater

## Tournament: WHITEHORSE

We had the 11&U and 13&U PV Comets teams attending the Whitehorse tournament in Vermont on the Sunday 15<sup>th</sup> August.

**11&U** PVComets team were very competitive.

**13&U** PVComets have competed well at this tournament with a good GrandFinal win.

Check PVNA website, under PVComets(Jnr) link, for more information about 2010 schedule of events, results and a link to our Senior teams website.

## Parkville Competition 2010

### Autumn Season

PV Comets teams finishing ladder positions:

- Open Div 1 – 3<sup>rd</sup>
- Open Div 4 – 5<sup>th</sup>
- Open Div 5 – 10<sup>th</sup>
- 17&U Div 2 – 3<sup>rd</sup>
- 17&U Div 5 – 1<sup>st</sup>
- 15&U B Grade – 2<sup>nd</sup>
- 15&U C Grade – 2<sup>nd</sup>

## Important Dates

### 2010 PV Comets Junior Presentation Night

Will be held on the 6<sup>th</sup> of November at Epping Community Activity Centre. Team managers will be providing more details closer to the date.

### 2010 TRYOUTS

11&U and 13&U tryout on 14<sup>th</sup> November.

15&U, 17&U and Open tryouts on 14<sup>th</sup> November and 21<sup>st</sup> November. More details will be provided on Tryout form.

We encourage all those interested in taking their netball to another level to apply.

### Crownlow Night pictures



Division 1 team players



Reserve team players

