

The Centre Pass

The newsletter for netballers, supporters, members and parents associated with Plenty Valley Netball Association.



2012 Autumn – Issue 40

Check website for association news, fixtures, results and ladders.

www.pvna.com.au

username: **netball**

password: **fun2play**

If you have anything to contribute to the newsletter please contact someone on the committee.



Follow PVNA on:

@PVNANews, @PVComets



Harmony Day

We celebrated Harmony Day on 17th march by wearing the orange or gold ribbons in player's hair.

What is Harmony Day?

Harmony Day is celebrated around Australia on 21 March and is managed by the Department of Immigration and Citizenship. It is a day for all Australians to celebrate cultural diversity. The day is also the United Nations International Day for Elimination of Racial Discrimination. It's about community participation, inclusiveness and respect – a time to reflect on where Australia has come from, while also recognizing the traditional owners of this land.

An interesting quote that I came across recently, which highlighted that at PVNA we also follow this mantra:

"Netball is a game for everybody regardless of their cultural background, religion, gender, age or ability. If a person has a passion for netball our club has a place for them"

Very apt in light of the recently celebrated "Harmony Day"!

Vince



Good Sports

Since the start of 2012 there have been several incidents which reflect unsportsmanship behavior by players/parents. Here at PVNA it is hoped the girls / boys are supposed to be enjoying their sport for the sake of fun, and...

- Treat all players as you would like to be treated.
- Ensure that at all times your behaviour is fair.
- Be a patient and enthusiastic supporter of fellow players.
- Applaud all good play, by your own team and opponents.
- Be a responsible team member.
- Participate fairly and safely.
- Abide by decisions, without argument or bad temper.
- Participate because you enjoy it, not just to please parents and coaches.
- Play by the rules.

These are just simple reminders, of what being a sport is all about, and if the Coaches and Parents alike can be there to support the players and encourage them in their endeavours to have FUN in their chosen sport, netball, that would be great!!!"

Remember it is just a GAME.

COACHES; If there is an incident on court which may cause concern, please do not take the matter into your own hands with the opposition coach or parents, please come and discuss it with either myself, Bill or Vince and as your elected committee/representative we will deal with the issue appropriately.

HAPPY EASTER,
ENJOY THE HOLIDAYS
Sue Drummond

P M E D I B A L I G Q L
 U Y P A T I E N T J U S
 S H A A J K M E Y P F C
 R E S P O N S I B L E B
 S R E B P T R A I B S A
 D H S Y Y L R I A F H I
 Y J A F S I A H M Y W B
 T S A F E L Y U B K N P
 A I Q R I A F K D B F A
 E N T H U S I A S T I C
 R E N J O Y N M B K U M
 T Z P E C M S E L U R H

Find the underlined words above in this word search.

Training

Do you want to do more Netball training? Wednesdays the Association offers \$3 per session training for 11&U and 13&U players. We have a qualified trainer running each session.

Times: **5pm-6:30pm**

Where: **RMIT BNASC Court 4**

On: **Wednesdays** before every games



RMIT BNASC

Offers a Gym membership, Holiday Program and Birthday Parties!

Net-Set-Go!

Know someone who is interested in trying netball out? Or do you know of someone looking to learn netball skills to join a junior netball team? Net-Set-Go! program (also known as Netta) is available to anyone between the ages of 5 and 11 on SATURDAY morning 11:30am-12:30 on court 3, at a cost of \$3 per session (no Stadium entry payable for Net-Set-Go! Participants and parents)



2011 AGM

Venue: **BNASC Meeting Room**

Time: **1pm-2:30pm**

Date: **Saturday 12th May**

Any business wishing to be tabled as General Business must be received 30 days prior to the AGM. EVERY TEAM MUST HAVE A REPRESENTATIVE AT THE AGM.

PV Comets

The 2012 Autumn season is well underway for the PV Comets representative teams.



The 11&U and 13&U (1 & 2) teams have already participated in three tournaments: Banyule, Heathmont and Diamond Creek. The 13&U team (1) were runners up, making the grand-final at Diamond Creek tournament.

The 15&U (1&2) are participating the the 15&U premier division A and B on Thursday nights at Parkville.

The 17&U (1&2) and Opens (1,2 &3) also participating at parkville, in division 1 & 3 and division 1,3&5 respectively. There have been 9 rounds of the 22 rounds season.

Good luck to the players and teams in the quest to play against the elite players & teams across Melbourne in the premier competitions and tournaments they are attending.



Find us on facebook! Search for: "Plenty Valley Netball Association"

Netball on stage

Opera meets soap opera played out on the suburb netball court! "CONTACT! The netball opera", by Angus Stone.

- Friday 4th May at 8pm
- Saturday 5th May at 3pm & 8pm

Bookings 9729 7287

<http://www.knox.vic.gov.au/theatretix>

Brochure on our website... click on image on news item!

Overweight

People in the Bundoora area are being offered more than \$2,000 in health-related benefits to take part in a weight-loss study. The study, which will run over 20 weeks at RMIT Bundoora campus, is open to 100 overweight, sedentary volunteers aged 35 to 59. Details on study and joining:

<http://www.rmit.edu.au/browse;ID=9db66wzv1eeuz>

Free : Vixens open training

Super fans; come and celebrate the start of the 2012 season with the Melbourne Vixens at an Open Training Netball Fun session on April 4th at the State Netball Hockey Centre.

For the first time, Melbourne Vixens fans and netball supporters will be able to meet, greet and see their favorite netball stars in training mode.

There will also be lots of fun activities for the kids, face painting, photo and autograph opportunities, membership and merchandise stalls and more. The Melbourne Vixens mascot, Foxy Vixen will also be making a special appearance!

The session will be held at State Netball Hockey Centre on April 4th from 3:30 7pm. Entry is FREE for all super fans.

Don't miss this super opportunity with the Super women of netball the Melbourne Vixens!

Netball Joke

The psychology instructor had just finished a lecture on mental health and had proceeded to give an oral quiz to the first year class.



Speaking specifically about manic depression, the instructor asked, "How would you diagnose a patient who walks back and forth screaming at the top of his lungs one minute, then sits in a chair weeping uncontrollably the next?"

A young girl in the rear of the room raised his hand and answered, "A netball coach?"

PVNA wins Grant

The Association was fortunate in achieving a grant of \$1000 from Sport & Recreation Victoria.

\$500 was for Netball uniforms for "PVNA Comets" and \$500 has been used to purchase white jackets for our young umpires proudly acknowledging their role as umpires with PVNA.

Sue

PVNA Ladders End Of Round 7

11&Under team name	G	W	L	D
Awesome Angels 11s1	7	2	3	2
Awesome Angels 11s2	4	0	3	1
Fireflies	7	6	0	1
Flash	7	1	5	1
Jelly Beans	7	4	2	1
Mavericks	7	2	3	2
Phoenix	7	6	1	0

13&Under team name	G	W	L	D	Pt s
Dynamite	7	7	0	0	28
Awesome Angels 13s1	7	5	2	0	20
The Jets	7	4	2	1	18
Thunderbolts	7	4	2	1	18
Blaze Jnr	7	4	2	1	18
Superstars	7	3	3	1	14
Black Sapphires	7	3	4	0	12
Purple Diamonds	7	1	5	1	6
Aqua Jets	7	1	6	0	4
Awesome Angels 13s2	7	0	6	1	2

15&Under team name	G	W	L	D	W
Red Berries	7	7	0	0	28
Sunshine	7	7	0	0	28
Leopards	7	5	2	0	20
Trouble	7	5	2	0	20
Hot Shots	7	4	3	0	16
Blue Viper	7	4	3	0	16
All Starz	7	3	4	0	12
RedHot Devils	7	3	4	0	12
Awesome Angels 15s	7	2	5	0	8
CherryTops	7	1	6	0	4
Dragonflies	7	1	6	0	4
Panthers	7	0	7	0	0

17&Under team name	G	W	L	D	W
Swifts	7	7	0	0	28
Roxy	7	7	0	0	28
Bluebirds	7	6	1	0	24
Sublime	7	4	3	0	16
Vixens	7	4	3	0	16
Blaze	7	4	3	0	16
All Sortz	7	4	3	0	16
Mixtures	7	3	4	0	12
Angels	7	2	5	0	8
Orcas	7	2	5	0	8
Swift Jnr	7	2	5	0	8
Smurfs	7	1	6	0	4