

# The Centre Pass

The newsletter for netballers, supporters, members and parents associated with Plenty Valley Netball Association.



2012 Spring – Issue 43

Check website for association news, fixtures, results and ladders.

[www.pvna.com.au](http://www.pvna.com.au)

username: **netball**

password: **fun2play**

If you have anything to contribute to the newsletter please contact someone on the committee.



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## Netball Joke

Why did the netballer hold her runner to her ear ?



Because she liked sole music !

## BBQ Fundraiser

Thank you to all our helpers during our Swap meet BBQ, especially Melissa who coordinated it. Thanks to all PVNA teams who supported it by buying sausages!

We were able to raise a significant amount of monies for the association. We hope to have another BBQ after the school holidays... look out for it!



PVNA Committee



## Comets Selection Sessions

Interested in taking your netball to the next level?

PV Comets is having selections for 2013, they will be conducted at RMIT BNASC Indoor Stadium, Off McKimmes Rd Bundoora. We have teams' in all age groups from 11&U through to OPEN.

### 14<sup>th</sup> Oct – Tournament Teams

11&Under: 10:30am-12:30

13&Under: 10:30am-12:30

### 21<sup>st</sup> Oct – Parkville Competition

15&Under: 10:30am-12:30

17&Under: 1:30pm-3:30

Note: The SELECTION application form, for PV Comets, due on 29<sup>th</sup> September, due to school holidays. Feel free to EMAIL document to [pvcomets@gmail.com](mailto:pvcomets@gmail.com) or hand in at match day desk.

### 11<sup>th</sup> Nov – Parkville Competition

OPEN: 10:30am-3:30

Note: OPEN form is due by 1<sup>st</sup> November.

### 10<sup>th</sup> Feb – NFL Bundoora Comets

OPEN: 10:30am-12:30

Note: The SELECTION application form, for Bundoora Comets, will be due Thursday 31<sup>st</sup> Jan 2013.

**Applications are at PVNA match day desk or at Comets training sessions or online documents on website ([www.pvcomets.com.au](http://www.pvcomets.com.au)).**

Note: Opportunities arise every year for players, through Comets, to participate at things like Championship tournaments, JIKA region and NE Blaze academy...



## RMIT BNASC

Offers a Gym membership, Holiday Program and Birthday Parties!

## Net-Set-Go!

Know someone who is interested in trying netball out? Or do you know of someone looking to learn netball skills to join a junior netball team? Net-Set-Go! program (also know as Netta) is available to anyone between the ages of 5 and 11 on SATURDAY morning 11:30am-12:30 on court 3, at a cost of \$3 per session (no Stadium entry payable for Net-Set-Go! Participants and Parents)



## Fixtures

All fixtures are on website. Please note that 15&U Reserve, 13&U and 11&U are playing games against each other. Also 17&U and 17&U Res are also playing games against each other. These are instead of a BYE. Even though these games are not played for points, due to the varying skill levels of teams, but umpire votes are counted for B&F.

On website, fixtures can be found under TEAM pages or fixture section. The home page shows the previous weeks scores and the next weeks games. You can also select the "calendar" link and download the calendar for you team to you iPhone or Android device.

Any issues email [vince@brunoplace.com](mailto:vince@brunoplace.com)

# Rising Costs

Our treasurer has been hard at work looking at the costing to run our Saturday morning competition. There are many factors that need to be considered, and some of these are costing us more.

The hiring of the courts has increased in the middle of the year, the cost of trophies is more and now we have been advised that the VNA (Victorian Netball Association) Insurance for 2013 will also be increasing.

We have always endeavored to keep the costs for playing netball to a minimum for our players. We can no longer keep our charges at the current level.

In 2013 the various costs will be:

### PVNA Costs:

- Saturday Game FEE \$45
- Team Registration \$55

### VNA Costs:

Member Type	VNA Fee (inc.GST)
Senior (18 & Over) Born on or before 31/12/1995	\$63
Junior (12 – 17 years) Born between 01/01/1996 – 31/12/2001	\$43
Modified & NetSetGO! (11 & Under) Born on or after 01/01/2002	\$33
NetSetGO! Packs	\$20

PVNA Committee

# Want to Coach?



Interested in coaching at another level? We are currently accepting coaching applications for our PV Comets representative teams. We have opportunities for:

- Coaches (Parkville)
- Coaches (Tournaments)
- Assistant Coaches
- Game Day Coach (NFL)



Forms at the Match Day Desk (Saturday mornings), or on the website, or contact committee: [pvcomets@gmail.com](mailto:pvcomets@gmail.com).

# Speaking Up about Putdowns

When someone is saying something that is hurtful or rude, speaking up takes courage. Speaking up takes the skills of knowing the words to say and how to deal with negative reactions.

A putdown is an insulting remark that "puts down" another person. Whether a putdown is directed at themselves or at someone else, young people need to understand that stopping putdowns with their teammates is like stopping pollution or littering. It might not always be possible, but it is important to try when we can. If we get mad and start insulting the person who is making the putdown remarks, this is like adding to the pollution. Instead, we can learn to speak up in ways that are polite and clear.



Common putdowns include laughing, making rude gestures or sounds, mimicking, and saying insulting things to make someone feel embarrassed, uncomfortable, or ashamed. Putdowns also include making negative remarks about someone behind her or his back for the purpose of getting others to think less of this person. This is different than speaking up about a problem to get help, because the purpose is not to find a solution, but to be hurtful to this person.



### Ways to Speak Up

- "That's not funny. Please stop."
- "That's a mean thing to say. I don't like it."
- "That's not cool."
- "What purpose does it serve to say that? It sounds like an insult."
- "That's disrespectful. Please stop."
- "That's prejudice. That's not acceptable to me."
- "That's a mean thing to do. Stop or I'll leave."
- "That's bullying. We promised not to do that and I want to keep our promises."

Parent Contribution.... Thanks!

9&Under	G	W	L	D
<a href="#">Awesome Angels 9s</a>	9	9	0	0
<a href="#">Cheeky Monkeys</a>	9	2	6	1
<a href="#">Purple Puppies</a>	9	3	6	0
<a href="#">Shooting Stars2</a>	9	3	5	1

11&Under	G	W	L	D
<a href="#">Awesome Angels 11s1</a>	9	6	3	0
<a href="#">Awesome Angels 11s2</a>	9	5	4	0
<a href="#">Fireflies</a>	9	8	1	0
<a href="#">Jelly Beans</a>	9	4	5	0
<a href="#">Mystix Jnr</a>	9	2	6	1
<a href="#">Phoenix</a>	9	9	0	0
<a href="#">Shooting Stars1</a>	9	1	7	1

13&Under	G	W	L	D	Pts
<a href="#">The Jets</a>	9	8	1	0	32
<a href="#">Thunderbolts</a>	9	7	1	1	30
<a href="#">Superstars</a>	9	6	2	1	26
<a href="#">Awesome Angels 13s1</a>	9	6	2	1	26
<a href="#">Black Sapphires</a>	9	5	3	1	22
<a href="#">Blaze Jnr</a>	9	4	4	1	18
<a href="#">Purple Diamonds</a>	9	3	5	1	14
<a href="#">Aqua Jets</a>	9	2	7	0	8
<a href="#">Awesome Angels 13s2</a>	9	1	8	0	4
<a href="#">Awesome Angels 13s3</a>	3	1	2	0	4

15&U Res	G	W	L	D	Pts
<a href="#">Dynamite</a>	9	8	1	0	32
<a href="#">RedHot Devils</a>	9	7	2	0	28
<a href="#">CherryTops</a>	9	6	3	0	24
<a href="#">Panthers</a>	9	4	5	0	16
<a href="#">Awesome Angels 15s</a>	9	2	7	0	8

15&Under	G	W	L	D	Pts
<a href="#">Red Berries</a>	9	9	0	0	36
<a href="#">Hot Shots</a>	9	5	4	0	20
<a href="#">All Starz</a>	9	5	4	0	20
<a href="#">Leopards</a>	9	4	4	1	18
<a href="#">Trouble</a>	9	3	6	0	12
<a href="#">Blue Viper</a>	9	0	8	1	2

17&Under	G	W	L	D	Pts
<a href="#">Swifts</a>	9	7	1	1	30
<a href="#">Bluebirds</a>	9	6	2	1	26
<a href="#">Roxy</a>	9	6	3	0	24
<a href="#">Vixens</a>	9	4	4	1	18
<a href="#">Sublime</a>	9	2	6	1	10
<a href="#">Blaze</a>	4	0	4	0	0

17&U Res	G	W	L	D	Pts
<a href="#">Mixtures</a>	9	8	1	0	32
<a href="#">Mystix</a>	9	6	3	0	24
<a href="#">Sunshine</a>	9	6	3	0	24
<a href="#">Blaze</a>	5	5	0	0	20
<a href="#">All Sortz</a>	9	4	5	0	16
<a href="#">Angels</a>	9	2	7	0	8
<a href="#">Swift Jnr</a>	9	1	8	0	4